

| Time | Day 1 | Day 2 | Friday | Wellness Wednesday | Day 1 | Day 2 |
|---------------|----------|----------|---------------|--------------------|-------------------|-------------------|
| 9:00 - 10:16 | Class A | Class B | 9:00 - 10:00 | 9:00 - 10:05 | Class A | Class B |
| | | | | 10:05 - 10:50 | Wellness Activity | Wellness Activity |
| 10:20 - 11:40 | Class B* | Class A* | 10:05 - 11:10 | 10:55 - 12:00 | Class B* | Class A* |
| 11:40 - 12:40 | LUNCH | LUNCH | 11:10 - 12:10 | 12:00 - 1:00 | LUNCH | LUNCH |
| 12:40 - 1:56 | Class C | Class D | 12:10 - 1:10. | 1:00 - 2:05 | Class C | Class D |
| 2:00 - 3:16 | Class D | Class C | 1:15 - 2:15 | 2:10 - 3:16 | Class D | Class C |

* Announcements at the end of the period.